

Travel Toiletry Checklist

- eye mask
- ear plugs
- Toothbrushes
- Toothpaste
- Floss
- Hair ties
- Brush/ Comb
- Tweezers
- Nail clippers
- Scissors
- Chapstick (with SPF 30)
- Hand sanitizer
- Sunscreen
- Deodorant
- Disposable razor
- Cotton balls/ Q-tips
- Ziploc bag of Make-up
- Curling iron/Straightner
- Shampoo & Conditioner
- Soap
- Lotion

Medicine cabinet items:

- Chewable Melatonin
- Chewable Aspirin
- Tylenol
- Essential oils
- Chewable Pepto Bismal
- Tums
- Day& night cold meds
- Cold sore cream
- Antibiotic ointment
- Hydrocortisone cream
- Bug spray
- Cold-eeze
- Bandages
- Tampons/pads
- Zantac
- Prescription Medication
- Vitamins
- Dramamine